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## Pod #493: Tapping For Peace And Calm

<http://tappingqanda.com/493>

side of the eye...under the eye...top of the head

collar bone...under the arm...side of the hand

inside of the wrist...chin...eyebrow

under the eye...side of the eye...to be top of the head

thumb...index finger...middle finger

ring finger...pinky finger...collarbone

eyebrow...under the eye...gamut point

chin...eyebrow...under the eye

side of the eye...liver spot...under the arm

side of the hand...middle finger...thumb

under the eye...eye brow...top of the head

under the nose...chin...collarbone

side of the hand...eyebrow...under the eye

under the nose...top of the head...eyebrow

under the nose...collarbone...side of the hand



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Gene Monterastelli is the editor of TappingQandA.com. Gene works with clients from all over the world one-on-one and in groups. Gene enjoys teaching advanced techniques in tapping and teaching practitioners how to grow their practice.

This transcript is from the Tapping Q and A podcast. A complete podcast archive can be found at <http://TappingQandA.com/podcast>