



You can find the audio that goes along with this tapping script at <http://TappingPodcast.com>

Pod #439: Tapping To Feel Worthy To Be Here

I am worthy of being here...I'm worthy of taking up space...I'm worthy of existing...I'm worthy of being seen...I'm worthy of being here...I'm worthy of taking action...I'm worthy of creating a good life...I'm worthy of being recognized...I'm worthy of moving forward...I'm worthy of being seen...I'm worthy of taking up space...I'm worthy of being loved...I'm worthy of being recognized...I'm worthy to be here.