



# TAPPINGQ&A

## Pod #323: EFT For Following Your Vision (Productivity Series: 4 of 7)

<https://tappingqanda.com/2018/08/pod-323-eft-for-following-your-vision-productivity-series-4-of-7/>

I give myself permission to trust myself...I give myself permission to trust my vision...There's a part of me that's so excited about my vision and moving forward...And there is a part of me that is also scared to death...It's worried that putting my hope in something like this might only lead to heartbreak...Might only lead to disappointment...I give myself permission to trust my vision...Even though that vision might not be perfect...I give myself permission to know I am heading in the right direction...And by trusting this vision...I will move forward...I will be successful...I am can remain safe...I can trust my vision...Even though I know everything will not going to be perfect...I can trust my vision even though I'm worried everything won't go exactly as planned...I know that others in my life don't share my vision...Some even doubt my vision...And that can make it hard for me to take action and to trust myself...When I am going against the opinions of others...I can question myself...There have been times in my life where my vision did not match up with that of others...And that was OK...I was still successful...And it was the right path for me...I ended up where I needed to be...It would be great if others shared my vision...But



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that is not necessary for me to be successful...They don't have to endorse my vision for me to be safe...I give myself permission to trust my inner guidance...Even when it conflicts with other people's opinions...Even when it conflicts with the ideas of those around me...This isn't their life...This is my life...And I allow myself to trust my inner guidance...Even in the face of others doubting me.